

A Shock to the System 8

Wednesday, July 21, 2021 10:05 am

8. The Power to Explore

(Scenario)

'Kate has been married to her high school sweetheart for 28 years. Their two children are grown adults now and are fully independent. Kate's husband is Pierre. She suspects that he is having another affair. There have been several. The dishonesty of sneaking around behind her back is the thing that bothers Kate the most. Kate has wondered what it would be like to live on her own and start over again but the idea of moving and going through a divorce fills her with dread.'

(Debrief)

Like Abdul, Kate needs to start some truth telling, as painful as it will be. This will free her now and a free Kate Now can be free in future Nows if she will embrace her truth. The truth will set Kate free, and your blessing has the power to encourage her to do just that.

We can't make Kate leave her husband or do anything, but a powerful blessing will await her when she's ready to claim her freedom from herself and all the dishonesty she has been accepting of from Pierre and from her own unwillingness to acknowledge her own feelings.

This blessing will be a mighty powerful one indeed.